



Financial Wellbeing by My Secure Advantage



Help employees improve their financial wellbeing

Throughout the world, employees are stressed about finances. They want employers to support their financial wellbeing. Optum® Financial Wellbeing by My Secure Advantage™ meets this need.



46% of global employees

are interested in a financial wellbeing programme.*



>40% of global employees

say saving for retirement and investing are their most important financial health needs.*



Fewer than 1/3 of global employers

currently offer a financial health programme.*

Integrated in the Optum Employee Assistance Programme (EAP), Financial Wellbeing is designed to help employees improve their knowledge of financial fundamentals, better manage daily financial stresses and plan for their future – so they can be more productive and engaged at work.

Optum Financial Wellbeing helps employers address wellbeing holistically by offering:

A financial stress assessment

A quick eight-question test shows an employee's stress level, so they know what to focus on.

Calculators

Employees can explore financial decisions using their own information to help educate employees on important financial health topics.

- Available in 16 currencies for 20 countries
- 20 calculators available

Articles

Frequently updated articles cover topics that are relevant and timely to help educate employees on important financial health topics. Select articles are written with country-specific content.

Available in 11 languages:

- English (US and UK)
- Portuguese (Brazil)
- Spanish
- Japanese
- French Canadian
- German
- Italian
- French
- Dutch
- Korean
- Polish



Topics include:

- Paying off debt
- Buying a home
- Saving for retirement
- Buying a vehicle
- Creating a budget
- Paying off credit cards
- Saving for emergencies
- Life insurance needs

Optum Financial Wellbeing is confidential*, and accessing it is easy. It's available on the site employees already use for their EAP.



livewell.optum.com



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